






# ADAIR COUNTY SCHOOLS













## APRIL 2017 MENU FOR ACES & ACPC

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27 PB & J Uncrustable or Little Caesar's Pizza Garden Salad Corn Mandarin Oranges Mini Rice Krispie Treat Fresh Fruit  <b>BREAKFAST</b> Apple Cinnamon Texas Toast Applesauce	28 Cheeseburger on Bun or Hot Ham & Cheese on Bun French Fries Broccoli & Cauliflower w/Dip Grapes Cookie Fresh Fruit   <b>BREAKFAST</b> Yogurt Bar/Granola Bar	29 Fish Nuggets or Popcorn Chicken Creamed Potatoes Green Beans Whole Grain Roll Applesauce Fresh Fruit   <b>BREAKFAST</b> Whole Grain Muffin	30 Hot Dog on Bun or Taco Salad w/Chips Salsa, Sour Cream, Trimmings Potato Wedges Refried Beans Sidekick Fresh Fruit  <b>BREAKFAST</b> Sausage & Biscuit	31 Grilled Cheese Sandwich or BLT Sandwich French Fries Carrots w/Dip Yogurt Fresh Fruit   <b>BREAKFAST</b> Glazed Donut



# APRIL 3 - 7

10 Mini Corn Dogs or Chili Cheese Coney French Fries Broccoli w/Dip Mandarin Oranges Mini Rice Krispie Treat Fresh Fruit   <b>BREAKFAST</b> WG Chocolate Donut	11 Chicken or Sausage Gravy Biscuit Hashbrown Baked Apples Yogurt Fresh Fruit   <b>BREAKFAST</b> Breakfast Pizza	12 Ham & Cheese Sub or Turkey & Cheese Sub Lettuce/Tomato/Pickle Baked Potato Chips Carrots w/Dip Apples w/Caramel Sidekick Fresh Fruit   <b>BREAKFAST</b> Whole Grain Muffin	13 Pizza or Spaghetti Garden Salad Cheese Breadstick Corn Fudge Bar Strawberry Cup Fresh Fruit   <b>BREAKFAST</b> Sausage & Biscuit	14 Bacon Cheeseburger on Bun or Chicken Filet on Bun Tomato/Lettuce/Pickle French Fries Baked Beans Sherbet Cookie Fresh Fruit   <b>BREAKFAST</b> Bacon & Cheese on Biscuit
17 Hot Dog on Bun or Shredded Pork on Bun Baked Potato Butter/Sour Cream Broccoli w/Cheese Strawberry Cup Fresh Fruit   <b>BREAKFAST</b> Breakfast Pizza	18 Pizza Calzone or Pepperoni Bosco Sticks w/Marinara Sauce Garden Salad Corn Grapes Fresh Fruit   <b>BREAKFAST</b> Gravy & Biscuit	19 Popcorn Chicken or Chili Crisпитos Spanish Rice Refried Beans Peach Cup Orange Dream Bar Fresh Fruit   <b>BREAKFAST</b> Scrambled Eggs Bacon Toast	20 Fish Nuggets or Chicken Strips Creamed Potatoes Green Beans Whole Grain Roll Applesauce Cup Fresh Fruit   <b>BREAKFAST</b> Sausage & Biscuit	21 Burrito or Big Daddy's Cheese Pizza Garden Salad Corn Pears Cookie Fresh Fruit   <b>BREAKFAST</b> Glazed Donut

### NEWS

Choice of Low-Fat White Milk and Fat Free Flavored Milk offered daily at Breakfast and Lunch

Juice and Fruit Choices offered daily at Breakfast

Variety of General Mills and Kellogg's Cereals offered daily at Breakfast

Toast offered daily at Breakfast

Fresh Fruit offered daily

Salads are offered daily

Menu items are subject to change due to circumstances beyond our control.

Some items served contain peanuts. Substitutions can be made for students with special dietary needs per doctor's orders.



### FLAVORFUL SIDES WITH EVERY MEAL:

Lunch includes a choice of 5 components: Meat/Meat Alternate, Bread/Grain, Fruit, Vegetable, and Skim, 1% White

Fat Free Flavored Milk. Students may take 5, 4 or 3, which must include 1 fruit or vegetable serving.

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