












ADAIR COUNTY SCHOOLS



APRIL 16 - MAY 11, 2018 MENU FOR ACHS & ACMS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
16 Chicken Filet on Bun Lettuce/Tomato/Pickle French Fries Broccoli w/Cheese Peach Cup Fresh Fruit BREAKFAST Bacon & Cheese Biscuit	17 Chili Crisпитos Queso Dip w/Chips Refried Beans Apples w/Dip Cookie Fresh Fruit  BREAKFAST French Toast Sticks w/Syrup	18 Spaghetti Garden Salad Corn Fresh Mixed Fruit Cheese Breadstick Fresh Fruit BREAKFAST Donut Holes	19 Chicken Chunks w/Dipping Sauce French Fries Green Beans Strawberries Texas Toast Fresh Fruit  BREAKFAST Breakfast Pizza	20 Philly Cheese Steak Sub w/A-1 French Fries Carrots w/Dip Orange Granola Bar Fresh Fruit BREAKFAST Gravy & Biscuit
23 Hot Ham & Cheese on Croissant Baked Potato Chips Broccoli & Cauliflower w/Dip Grapes Cookie Fresh Fruit BREAKFAST Sausage & Biscuit	24 Little Caesar's Pizza Garden Salad Corn Mandarin Oranges Mini Rice Krispie Treat Fresh Fruit  BREAKFAST Eggstravaganza w/Toast	25 Chicken Strips Creamed Potatoes Green Beans Whole Grain Roll Applesauce Cup Fresh Fruit BREAKFAST Breakfast Tornado	26 Taco Salad w/Chips Salsa, Sour Cream, Trimmings Potato Wedges Refried Beans Sidekick Fresh Fruit BREAKFAST Chocolate or White Donuts	27 Pizza Calzone Garden Salad Corn Peaches Yogurt Fresh Fruit  BREAKFAST Chicken & Biscuit
30 Chili Cheese Coney French Fries Baked Beans Mandarin Oranges Jonny Fruit Pop Fresh Fruit  BREAKFAST Sausage & Biscuit	1 Pepperoni Bosco Sticks w/Marinara Sauce Garden Salad Corn Fresh Pineapple Fresh Fruit BREAKFAST Yogurt Bar	2 Chicken Strips Creamed Potatoes Green Beans Whole Grain Roll Applesauce Cup Fresh Fruit  BREAKFAST Scrambled Eggs Bacon & Toast	3 Sausage or Chicken Biscuit & Gravy Hashbrowns Baked Apples Yogurt Cup Fresh Fruit BREAKFAST Whole Grain Muffin	4 Big Daddy Cheese Pizza Garden Salad Corn Strawberry Cup Fudge Bar Fresh Fruit  BREAKFAST Glazed Donut
7 Chicken Filet on Bun Lettuce/Tomato/Pickle French Fries Broccoli w/Cheese Peach Cup Fresh Fruit BREAKFAST Bacon & Cheese Biscuit	8 Chili Crisпитos Queso Dip w/Chips Refried Beans Apples w/Dip Cookie Fresh Fruit  BREAKFAST French Toast Sticks w/Syrup	9 Spaghetti Garden Salad Corn Fresh Mixed Fruit Cheese Breadstick Fresh Fruit BREAKFAST Donut Holes	10 Chicken Chunks w/Dipping Sauce French Fries Green Beans Strawberries Texas Toast Fresh Fruit  BREAKFAST Breakfast Pizza	11 Turkey & Cheese Sub Baked Potato Chips Carrots w/Dip Pears Orange Push-up Fresh Fruit BREAKFAST Gravy & Biscuit

NEWS

Choice of Low-Fat White Milk and Fat Free Flavored Milk offered daily at Breakfast and Lunch

Juice and Fruit Choices offered daily at Breakfast

Variety of General Mills and Kellogg's Cereals offered daily at Breakfast

Toast offered daily at Breakfast

Fresh Fruit offered daily

Salads are offered daily

Hamburger Line offered daily

Menu items are subject to change due to circumstances beyond our control.

Some items served contain peanuts. Substitutions can be made for students with special dietary needs per doctor's orders.



FLAVORFUL SIDES WITH EVERY MEAL:

Lunch includes a choice of 5 components: Meat/Meat Alternate, Bread/Grain, Fruit, Vegetable, and Skim, 1% White Fat Free Flavored Milk. Students may take 5, 4 or 3, which must include 1 fruit or vegetable serving.