



ADAIR COUNTY SCHOOLS



AUGUST 2018 MENU FOR ACES & ACPC

MONDAY

TUESDAY

WEDNESDAY

THURSDAY


FRIDAY



13 Cheeseburger on Bun or Chicken Filet on Bun
Lettuce/Tomato/Pickle
French Fries
Broccoli w/Cheese
Fruit Options

BREAKFAST
Bacon & Cheese Biscuit

14 Popcorn Chicken or Chili Crispitos
Queso Dip w/Chips
Refried Beans
Cookie
Fruit Options



BREAKFAST
French Toast Sticks w/Syrup


15 Burrito or Spaghetti
Garden Salad
Corn
Cheese Breadstick
Fruit Options

BREAKFAST
Donut Holes

9 PB & J Uncrustable or Little Caesar's Pizza
Garden Salad
Corn
Mini Rice Krispie Treat
Fruit Options

BREAKFAST
Whole Grain Muffin

16 Hot Dog on Bun or Chicken Chunks w/Dipping Sauce
French Fries
Macaroni & Cheese
Fruit Options



BREAKFAST
Breakfast Pizza

10 Grilled Cheese Sandwich or Hot Ham & Cheese on Croissant
Baked Potato Chips
Broccoli/Cauliflower w/Dip
Cookie
Fruit Options



BREAKFAST
Sausage & Biscuit

17 Pizza Calzone or Big Daddy Cheese Pizza
Garden Salad
Corn
Fudge Bar
Fruit Options

BREAKFAST
Gravy & Biscuit

20 Turkey & Cheese Sub or Chili Cheese Coney
French Fries
Baked Beans
Jonny Fruit Pop
Fruit Options

BREAKFAST
Sausage & Biscuit

21 Burrito or Pepperoni Bosco Sticks w/Marinara Sauce
Garden Salad
Corn
Fruit Options




BREAKFAST
Yogurt Bar

22 Fish Nuggets or Chicken Strips
Creamed Potatoes
Green Beans
Whole Grain Roll
Fruit Options

BREAKFAST
Whole Grain Muffin

23 Cheeseburger on Bun or Loaded Barbecue Baked Potato
Cheese, Butter, Sour Cream
Garlic Bread
Green Peas
Fruit Options



BREAKFAST
Scrambled Eggs
Bacon & Toast

24 Mini Corn Dogs or Chili Pie
Cheese, Salsa, Sour Cream
Lettuce, Tomato
Corn on the Cob
Yogurt Cup
Fruit Options



BREAKFAST
Glazed Donut

27 Grilled Cheese Sandwich or Hot Ham & Cheese on Croissant
Baked Potato Chips
Broccoli/Cauliflower w/Dip
Cookie
Fruit Options

BREAKFAST
Sausage & Biscuit

28 PB & J Uncrustable or Little Caesar's Pizza
Garden Salad
Corn
Mini Rice Krispie Treat
Fruit Options


BREAKFAST
Chocolate Crescent

29 Fish Nuggets or Chicken Strips
Creamed Potatoes
Green Beans
Whole Grain Roll
Fruit Options



BREAKFAST
Breakfast Tornado

30 Cheeseburger on Bun or Taco Salad w/Chips
Salsa, Sour Cream, Trimmings
Potato Wedges
Refried Beans
Sidekick
Fruit Options



BREAKFAST
Chocolate or White Donuts

31 Hot Dog on Bun or Turkey & Cheese Sub
Baked Potato Chips
Carrots w/Dip
Orange Push-up
Fruit Options

BREAKFAST
Chicken & Biscuit

NEWS

Choice of Low-Fat White Milk and 1% Flavored Milk offered daily at Breakfast and Lunch

Juice and Fruit Choices offered daily at Breakfast

Variety of General Mills and Kellogg's Cereals offered daily at Breakfast

Toast offered daily at Breakfast

Pop Tarts offered daily at Breakfast

Fresh Fruit offered daily

Salads are offered daily

Hamburger/Cheeseburger Line offered daily

Menu items are subject to change due to circumstances beyond our control.

Some items served contain peanuts. Substitutions can be made for students with special dietary needs per doctor's orders.

FLAVORFUL SIDES WITH EVERY MEAL:
Lunch includes a choice of 5 components: Meat/Meat Alternate, Bread/Grain, Fruit, Vegetable, and Skim, 1% White Fat Free Flavored Milk. Students may take 5, 4 or 3, which must include 1 fruit or vegetable serving.