



# ADAIR COUNTY SCHOOLS



## AUGUST 2018 MENU FOR ACHS & ACMS

MONDAY








TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



<p>13</p> <p>Chicken Filet on Bun Lettuce/Tomato/Pickle French Fries Broccoli w/Cheese Fruit Options</p> <p>BREAKFAST Bacon &amp; Cheese Biscuit</p>	<p>14</p> <p>Chili Crisпитos Queso Dip w/Chips Refried Beans Cookie Fruit Options</p>  <p>BREAKFAST French Toast Sticks w/Syrup</p>	<p>15</p> <p>Spaghetti Garden Salad Corn Cheese Breadstick Fruit Options</p> <p>BREAKFAST Donut Holes</p>	<p>16</p> <p>Chicken Chunks w/Dipping Sauce French Fries Macaroni &amp; Cheese Fruit Options</p>  <p>BREAKFAST Breakfast Pizza</p>	<p>17</p> <p>Big Daddy Cheese Pizza Garden Salad Corn Fudge Bar Fruit Options</p> <p>BREAKFAST Gravy &amp; Biscuit</p>
<p>20</p> <p>Chili Cheese Coney French Fries Baked Beans Jonny Fruit Pop Fruit Options</p> <p>BREAKFAST Sausage &amp; Biscuit</p>	<p>21</p> <p>Pepperoni Bosco Sticks w/Marinara Sauce Garden Salad Corn Fruit Options</p>  <p>BREAKFAST Yogurt Bar</p>	<p>22</p> <p>Chicken Strips Creamed Potatoes Green Beans Whole Grain Roll Fruit Options</p> <p>BREAKFAST Whole Grain Muffin</p>	<p>23</p> <p>Loaded Barbecue Baked Potato Cheese, Butter, Sour Cream Garlic Bread Green Peas Fruit Options</p>  <p>BREAKFAST Scrambled Eggs Bacon &amp; Toast</p>	<p>24</p> <p>Chili Pie Cheese, Salsa, Sour Cream Lettuce, Tomato Corn on the Cob Yogurt Cup Fruit Options</p>  <p>BREAKFAST Glazed Donut</p>
<p>27</p> <p>Little Caesar's Pizza Garden Salad Corn Mini Rice Krispie Treat Fruit Options</p> <p>BREAKFAST Sausage &amp; Biscuit</p>	<p>28</p> <p>Hot Ham &amp; Cheese On Croissant Baked Potato Chips Broccoli &amp; Cauliflower w/Dip Cookie Fruit Options</p> <p>BREAKFAST Chocolate Crescent</p>	<p>29</p> <p>Chicken Strips Creamed Potatoes Green Beans Whole Grain Roll Fruit Options</p>  <p>BREAKFAST Breakfast Tornado</p>	<p>30</p> <p>Taco Salad w/Chips Salsa, Sour Cream, Trimmings Potato Wedges Refried Beans Sidekick Fruit Options</p>  <p>BREAKFAST Chocolate or White Donuts</p>	<p>31</p> <p>Turkey &amp; Cheese Sub Baked Potato Chips Carrots w/Dip Orange Push-up Fruit Options</p> <p>BREAKFAST Chicken &amp; Biscuit</p>

**NEWS**

Choice of Low-Fat White Milk and 1% Flavored Milk offered daily at Breakfast and Lunch

Juice and Fruit Choices offered daily at Breakfast

Variety of General Mills and Kellogg's Cereals offered daily at Breakfast

Toast offered daily at Breakfast

Pop Tarts offered daily at Breakfast

Fresh Fruit offered daily

Salads are offered daily

Hamburger/Cheeseburger Line offered daily

Menu items are subject to change due to circumstances beyond our control.

Some items served contain peanuts. Substitutions can be made for students with special dietary needs per doctor's orders.

**FLAVORFUL SIDES WITH EVERY MEAL:**

Lunch includes a choice of 5 components: Meat/Meat Alternate, Bread/Grain, Fruit, Vegetable, and Skim, 1% White Fat Free Flavored Milk. Students may take 5, 4 or 3, which must include 1 fruit or vegetable serving.