



















ADAIR COUNTY SCHOOLS



DECEMBER 2017 MENU FOR ACES & ACPC

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>4 PB & J Uncrustable or Chili Cheese Coney French Fries Baked Beans Mandarin Oranges Jonny Fruit Pop Fresh Fruit</p>  <p>BREAKFAST Sausage & Biscuit</p>	<p>5 Burrito or Pepperoni Bosco Sticks w/Marinara Sauce Garden Salad Corn Fresh Pineapple Fresh Fruit</p> <p>BREAKFAST Yogurt Bar</p>	<p>6 Fish Nuggets or Chicken Strips Creamed Potatoes Green Beans Whole Grain Roll Applesauce Cup Fresh Fruit</p>  <p>BREAKFAST Scrambled Eggs Bacon & Toast</p>	<p>7 PB & J Uncrustable or Grilled Cheese Sandwich Chili w/Crackers Carrot & Celery Sticks Peaches Yogurt Fresh Fruit</p>  <p>BREAKFAST Whole Grain Muffin</p>	<p>8 Mini Corndogs or Big Daddy Cheese Pizza Garden Salad Corn Strawberry Cup Fudge Bar Fresh Fruit</p>  <p>BREAKFAST Glazed Donut</p>
<p>11 Cheeseburger on Bun or Chicken Filet on Bun Lettuce/Tomato/Pickle French Fries Broccoli w/Cheese Peach Cup Fresh Fruit</p>  <p>BREAKFAST Bacon & Cheese Biscuit</p>	<p>12 Popcorn Chicken or Chili Crisпитos Queso Dip w/Chips Refried Beans Apples w/Dip Cookie Fresh Fruit</p>  <p>BREAKFAST Cinnamon or Strawberry Cream Cheese Bagel</p>	<p>13 Pepperoni & Cheese Bites or Cheese Flatbread w/Marinara Garden Salad Corn on the Cob Pears Jonny Fruit Pop Fresh Fruit</p>  <p>BREAKFAST Gravy & Biscuit</p>	<p>14 Baked Ham or Turkey w/Gravy Dressing Creamed Potatoes Green Beans Whole Grain Roll Pie Fresh Fruit</p> <p>BREAKFAST Breakfast Pizza</p>	<p>15 Hot Dog on Bun or Philly Cheese Steak Sub w/A-1 French Fries Carrots w/Dip Orange Cookie Cup Fresh Fruit</p>  <p>BREAKFAST Donut Holes</p>
<p>1</p>  <p>No School!!</p>	<p>2 PB & J Uncrustable or Little Caesar's Pizza Garden Salad Corn Mandarin Oranges Mini Rice Krispie Treat Fresh Fruit</p> <p>BREAKFAST Eggstravaganza w/Toast</p>	<p>3 Grilled Cheese Sandwich or Hot Ham & Cheese on Croissant Baked Potato Chips Broccoli & Cauliflower w/Dip Grapes Cookie Fresh Fruit</p>  <p>BREAKFAST Breakfast Tornado</p>	<p>4 Hot Dog on Bun or Taco Salad w/Chips Salsa, Sour Cream, Trimmings Potato Wedges Refried Beans Sidekick Fresh Fruit</p>  <p>BREAKFAST Chocolate or White Donuts</p>	<p>5 Cheeseburger on Bun or Spaghetti Garden Salad Corn Peaches Garlic Toast Fresh Fruit</p>  <p>BREAKFAST Chicken & Biscuit</p>
<p>8 PB & J Uncrustable or Chili Cheese Coney French Fries Baked Beans Mandarin Oranges Jonny Fruit Pop Fresh Fruit</p> <p>BREAKFAST Sausage & Biscuit</p>	<p>9</p>  <p>BREAKFAST Yogurt Bar</p>	<p>10 Fish Nuggets or Chicken Strips Creamed Potatoes Green Beans Whole Grain Roll Applesauce Cup Fresh Fruit</p>  <p>BREAKFAST Scrambled Eggs Bacon & Toast</p>	<p>11 PB & J Uncrustable or Grilled Cheese Sandwich Chili w/Crackers Carrot & Celery Sticks Peaches Yogurt Fresh Fruit</p>  <p>BREAKFAST Whole Grain Muffin</p>	<p>12 Mini Corndogs or Big Daddy Cheese Pizza Garden Salad Corn Strawberry Cup Fudge Bar Fresh Fruit</p>  <p>BREAKFAST Glazed Donut</p>

NEWS

Choice of Low-Fat White Milk and Fat Free Flavored Milk offered daily at Breakfast and Lunch

Juice and Fruit Choices offered daily at Breakfast

Variety of General Mills and Kellogg's Cereals offered daily at Breakfast

Toast offered daily at Breakfast

Fresh Fruit offered daily

Salads are offered daily

Menu items are subject to change due to circumstances beyond our control.

Some items served contain peanuts. Substitutions can be made for students with special dietary needs per doctor's orders.

CHRISTMAS BREAK
DEC. 18TH - JAN. 1ST

FLAVORFUL SIDES WITH EVERY MEAL:
Lunch includes a choice of 5 components: Meat/Meat Alternate, Bread/Grain, Fruit, Vegetable, and Skim, 1% White Fat Free Flavored Milk. Students may take 5, 4 or 3, which must include 1 fruit or vegetable serving.