



















# ADAIR COUNTY SCHOOLS



## DECEMBER 2017 MENU FOR ACHS & ACMS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>4</p> <p>Chili Cheese Coney French Fries Baked Beans Mandarin Oranges Jonny Fruit Pop Fresh Fruit</p>  <p>BREAKFAST Sausage &amp; Biscuit</p>	<p>5</p> <p>Pepperoni Bosco Sticks w/Marinara Sauce Garden Salad Corn Fresh Pineapple Fresh Fruit</p> <p>BREAKFAST Yogurt Bar</p>	<p>6</p> <p>Chicken Strips Creamed Potatoes Green Beans Whole Grain Roll Applesauce Cup Fresh Fruit</p>  <p>BREAKFAST Scrambled Eggs Bacon &amp; Toast</p>	<p>7</p> <p>Grilled Cheese Sandwich Chili w/Crackers Carrot &amp; Celery Sticks Peaches Yogurt Fresh Fruit</p>  <p>BREAKFAST Whole Grain Muffin</p>	<p>8</p> <p>Big Daddy Cheese Pizza Garden Salad Corn Strawberry Cup Fudge Bar Fresh Fruit</p>  <p>BREAKFAST Glazed Donut</p>
<p>11</p> <p>Chicken Filet on Bun Lettuce/Tomato/Pickle French Fries Broccoli w/Cheese Peach Cup Fresh Fruit</p>  <p>BREAKFAST Bacon &amp; Cheese Biscuit</p>	<p>12</p> <p>Chili Crisпитos Queso Dip w/Chips Refried Beans Apples w/Dip Cookie Fresh Fruit</p>  <p>BREAKFAST Cinnamon or Strawberry Cream Cheese Bagel</p>	<p>13</p> <p>Cheese Flatbread w/Marinara Garden Salad Corn on the Cob Pears Jonny Fruit Pop Fresh Fruit</p>  <p>BREAKFAST Gravy &amp; Biscuit</p>	<p>14</p> <p>Turkey w/Gravy Dressing Creamed Potatoes Green Beans Whole Grain Roll Pie Fresh Fruit</p> <p>BREAKFAST Breakfast Pizza</p>	<p>15</p> <p>Philly Cheese Steak Sub w/A-1 French Fries Carrots w/Dip Orange Cookie Cup Fresh Fruit</p>  <p>BREAKFAST Donut Holes</p>
<p>1</p> <p>No</p> <p>School!!!</p> 	<p>2</p> <p>Hot Ham &amp; Cheese on Croissant Baked Potato Chips Broccoli &amp; Cauliflower w/Dip Grapes Cookie Fresh Fruit</p> <p>BREAKFAST Eggstravaganza w/Toast</p>	<p>3</p> <p>Little Caesar's Pizza Garden Salad Corn Mandarin Oranges Mini Rice Krispie Treat Fresh Fruit</p>  <p>BREAKFAST Breakfast Tornado</p>	<p>4</p> <p>Taco Salad w/Chips Salsa, Sour Cream, Trimmings Potato Wedges Refried Beans Sidekick Fresh Fruit</p>  <p>BREAKFAST Chocolate or White Donuts</p>	<p>5</p> <p>Spaghetti Garden Salad Corn Peaches Garlic Toast Fresh Fruit</p>  <p>BREAKFAST Chicken &amp; Biscuit</p>
<p>8</p> <p>Chili Cheese Coney French Fries Baked Beans Mandarin Oranges Jonny Fruit Pop Fresh Fruit</p> <p>BREAKFAST Sausage &amp; Biscuit</p>	<p>9</p> <p>Pepperoni Bosco Sticks w/Marinara Sauce Garden Salad Corn Fresh Pineapple Fresh Fruit</p>  <p>BREAKFAST Yogurt Bar</p>	<p>10</p> <p>Chicken Strips Creamed Potatoes Green Beans Whole Grain Roll Applesauce Cup Fresh Fruit</p>  <p>BREAKFAST Scrambled Eggs Bacon &amp; Toast</p>	<p>11</p> <p>Grilled Cheese Sandwich Chili w/Crackers Carrot &amp; Celery Sticks Peaches Yogurt Fresh Fruit</p>  <p>BREAKFAST Whole Grain Muffin</p>	<p>12</p> <p>Big Daddy Cheese Pizza Garden Salad Corn Strawberry Cup Fudge Bar Fresh Fruit</p>  <p>BREAKFAST Glazed Donut</p>

**NEWS**

Choice of Low-Fat White Milk and Fat Free Flavored Milk offered daily at Breakfast and Lunch

Juice and Fruit Choices offered daily at Breakfast

Variety of General Mills and Kellogg's Cereals offered daily at Breakfast

Toast offered daily at Breakfast

Fresh Fruit offered daily

Salads are offered daily

Hamburger Line offered daily

Menu items are subject to change due to circumstances beyond our control.

Some items served contain peanuts. Substitutions can be made for students with special dietary needs per doctor's orders.

**CHRISTMAS BREAK**

DEC. 18TH - JAN. 1ST

**FLAVORFUL SIDES WITH EVERY MEAL:**

Lunch includes a choice of 5 components: Meat/Meat Alternate, Bread/Grain, Fruit, Vegetable, and Skim, 1% White Fat Free Flavored Milk. Students may take 5, 4 or 3, which must include 1 fruit or vegetable serving.