
















ADAIR COUNTY SCHOOLS



DECEMBER 2018 MENU FOR ACHS & ACMS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Chicken Filet on Bun Lettuce/Tomato/Pickle French Fries Broccoli w/Cheese Fruit Options  BREAKFAST Bacon & Cheese Biscuit	4 Chili Crisпитos Queso Dip w/Chips Refried Beans Cookie Fruit Options BREAKFAST French Toast Sticks w/Syrup	5 Chicken Strips Creamed Potatoes Green Beans Whole Grain Roll Fruit Options  BREAKFAST Scrambled Eggs Bacon & Toast	6 Grilled Cheese Sandwich Chili w/Crackers Carrot & Celery Sticks Yogurt Fruit Options  BREAKFAST Breakfast Pizza	7 Big Daddy Cheese Pizza Garden Salad Corn Fudge Bar Fruit Options  BREAKFAST Glazed Donut
10 Chili Cheese Coney French Fries Baked Beans Jonny Fruit Pop Fruit Options  BREAKFAST Sausage & Biscuit	11 Pepperoni Bosco Sticks w/Marinara Sauce Garden Salad Corn Fruit Options  BREAKFAST Yogurt Bar	12 Chicken Chunks w/Dipping Sauce French Fries Broccoli & Cheese Sauce Fruit Options  BREAKFAST Donut Holes	13 Turkey w/Gravy Dressing Creamed Potatoes Green Beans Whole Grain Roll Pie Fruit Options BREAKFAST Whole Grain Muffin	14 Ham & Cheese Sub Lettuce/Tomato/Pickle Baked Potato Chips Carrots w/Dip Orange Push-up Fruit Options  BREAKFAST Gravy & Biscuit
17 MANAGER'S CHOICE  BREAKFAST Sausage & Biscuit	18 MANAGER'S CHOICE BREAKFAST Whole Grain Muffin	19 NO SCHOOL!! CHRISTMAS BREAK!!	20 NO SCHOOL!! CHRISTMAS BREAK!!	21 NO SCHOOL!! CHRISTMAS BREAK!!
31 NO SCHOOL!! CHRISTMAS BREAK!! 	1 NO SCHOOL!! 	2 NO SCHOOL!! CHRISTMAS BREAK!! 	3 Chicken Filet on Bun Lettuce/Tomato/Pickle French Fries Broccoli w/Cheese Fruit Options  BREAKFAST Breakfast Pizza	4 Big Daddy Cheese Pizza Garden Salad Corn Fudge Bar Fruit Options  BREAKFAST French Toast Sticks w/Syrup

NEWS

Choice of Low-Fat White Milk and Fat Free Flavored Milk offered daily at Breakfast and Lunch

Juice and Fruit Choices offered daily at Breakfast

Variety of General Mills and Kellogg's Cereals offered daily at Breakfast

Toast offered daily at Breakfast

Fresh Fruit offered daily

Salads are offered daily

Hamburger Line offered daily

Menu items are subject to change due to circumstances beyond our control.

Some items served contain peanuts. Substitutions can be made for students with special dietary needs per doctor's orders.

CHRISTMAS BREAK

DEC. 19TH - JAN. 2ND

FLAVORFUL SIDES WITH EVERY MEAL:
 Lunch includes a choice of 5 components: Meat/Meat Alternate, Bread/Grain, Fruit, Vegetable, and Skim, 1% White Fat Free Flavored Milk. Students may take 5,4 or 3, which must include 1 fruit or vegetable serving.