

















ADAIR COUNTY SCHOOLS



FEB. 12 - MAR. 9, 2018 MENU FOR ACES & ACPC

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12 PB & J Uncrustable or Little Caesar's Pizza Garden Salad Corn Mandarin Oranges Mini Rice Krispie Treat Fresh Fruit  BREAKFAST	13 Grilled Cheese Sandwich or Hot Ham & Cheese on Croissant Baked Potato Chips Broccoli & Cauliflower w/Dip Grapes Cookie Fresh Fruit  BREAKFAST Eggstravaganza w/Toast	14 Fish Nuggets or Chicken Strips Creamed Potatoes Green Beans Whole Grain Roll Heart Shaped Sugar Cookie Fresh Fruit  BREAKFAST Breakfast Tornado	15 Cheeseburger on Bun or Taco Salad w/Chips Salsa, Sour Cream, Trimmings Potato Wedges Refried Beans Sidekick Fresh Fruit  BREAKFAST Chocolate or White Donuts	16 PB & J Uncrustable or Chili Cheese Coney French Fries Baked Beans Mandarin Oranges Jonny Fruit Pop Fresh Fruit  BREAKFAST Chicken & Biscuit
19 NO SCHOOL!! 	20 Burrito or Pepperoni Bosco Sticks w/Marinara Sauce Garden Salad Corn Fresh Pineapple Fresh Fruit BREAKFAST Yogurt Bar	21 Fish Nuggets or Chicken Strips Creamed Potatoes Green Beans Whole Grain Roll Applesauce Cup Fresh Fruit  BREAKFAST Scrambled Eggs Bacon & Toast	22 PB & J Uncrustable or Grilled Cheese Sandwich Chili w/Crackers Carrot & Celery Sticks Peaches Yogurt Fresh Fruit BREAKFAST Whole Grain Muffin	23 Mini Corndogs or Big Daddy Cheese Pizza Garden Salad Corn Strawberry Cup Fudge Bar Fresh Fruit  BREAKFAST Glazed Donut
26 Cheeseburger on Bun or Chicken Filet on Bun Lettuce/Tomato/Pickle French Fries Broccoli w/Cheese Peach Cup Fresh Fruit  BREAKFAST Bacon & Cheese Biscuit	27 Popcorn Chicken or Chili Crisпитos Queso Dip w/Chips Refried Beans Apples w/Dip Cookie Fresh Fruit  BREAKFAST French Toast Sticks w/Syrup	28 Sausage or Chicken Biscuit & Gravy Hashbrowns Baked Apples Fresh Fruit BREAKFAST Donut Holes	1 Hot Dog on Bun or Chicken Chunks w/Dipping Sauce French Fries Green Beans Strawberries Texas Toast Fresh Fruit  BREAKFAST Breakfast Pizza	2 Turkey & Cheese Sub or Philly Cheese Steak Sub w/A-1 French Fries Carrots w/Dip Orange Cookie Cup Fresh Fruit  BREAKFAST Gravy & Biscuit
5 PB & J Uncrustable or Little Caesar's Pizza Garden Salad Corn Mandarin Oranges Mini Rice Krispie Treat Fresh Fruit  BREAKFAST Sausage & Biscuit	6 Grilled Cheese Sandwich or Hot Ham & Cheese on Croissant Baked Potato Chips Broccoli & Cauliflower w/Dip Grapes Cookie Fresh Fruit BREAKFAST Eggstravaganza w/Toast	7 Fish Nuggets or Chicken Strips Creamed Potatoes Green Beans Whole Grain Roll Applesauce Cup Fresh Fruit BREAKFAST Breakfast Tornado	8 Hot Dog on Bun or Taco Salad w/Chips Salsa, Sour Cream, Trimmings Potato Wedges Refried Beans Sidekick Fresh Fruit BREAKFAST Chocolate or White Donuts	9 Cheeseburger on Bun or Spaghetti Garden Salad Corn Peaches Garlic Toast Fresh Fruit  BREAKFAST Chicken & Biscuit

NATIONAL SCHOOL BREAKFAST WEEK!!!

NEWS

Choice of Low-Fat White Milk and Fat Free Flavored Milk offered daily at Breakfast and Lunch

Juice and Fruit Choices offered daily at Breakfast

Variety of General Mills and Kellogg's Cereals offered daily at Breakfast

Toast offered daily at Breakfast

Fresh Fruit offered daily

Salads are offered daily

Menu items are subject to change due to circumstances beyond our control.

Some items served contain peanuts. Substitutions can be made for students with special dietary needs per doctor's orders.



FLAVORFUL SIDES WITH EVERY MEAL:

Lunch includes a choice of 5 components: Meat/Meat Alternate, Bread/Grain, Fruit, Vegetable, and Skim, 1% White Fat Free Flavored Milk. Students may take 5, 4 or 3, which must include 1 fruit or vegetable serving.