















ADAIR COUNTY SCHOOLS



MARCH 2017 MENU FOR ACES & ACPC

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27 Hot Dog on Bun or Shredded Pork on Bun Baked Potato Butter/Sour Cream Broccoli w/Cheese Strawberry Cup Fresh Fruit  BREAKFAST WG Chocolate Donut	28 Grilled Cheese Sandwich or Boneless Chicken Wings w/Dipping Sauce French Fries Baked Beans Peach Cup Orange Dream Bar Fresh Fruit BREAKFAST Breakfast Pizza	1 Pizza Calzone or Pepperoni Bosco Sticks w/Marinara Sauce Garden Salad Corn Grapes Fresh Fruit  BREAKFAST Whole Grain Muffin	2 Chicken Nuggets or Salisbury Steak Creamed Potatoes Green Beans Bread Slice Applesauce Cup Fresh Fruit BREAKFAST Sausage & Biscuit	3 Burrito or Personal Pan Pizza Garden Salad Corn Pears Cookie Fresh Fruit  BREAKFAST Bacon & Cheese on Biscuit
6 PB & J Uncrustable or Little Caesar's Pizza Garden Salad Corn Mandarin Oranges Mini Rice Krispie Treat Fresh Fruit  BREAKFAST Apple Cinnamon Texas Toast Applesauce	7 Cheeseburger on Bun or Hot Ham & Cheese on Bun French Fries Broccoli & Cauliflower w/Dip Grapes Cookie Fresh Fruit BREAKFAST Yogurt Bar/Granola Bar	8 Fish Nuggets or Chicken Strips Creamed Potatoes Green Beans Whole Grain Roll Applesauce Fresh Fruit  BREAKFAST Scrambled Eggs Bacon Toast	9 Hot Dog on Bun or Taco Salad w/Chips Salsa, Sour Cream, Trimmings Potato Wedges Refried Beans Sidekick Fresh Fruit BREAKFAST Sausage & Biscuit	10 PB & J Uncrustable or Grilled Cheese Sandwich Chili w/Crackers Carrot and Celery Sticks Peaches Yogurt Fresh Fruit  BREAKFAST Glazed Donut
NATIONAL SCHOOL BREAKFAST WEEK!!!				
13 Mini Corn Dogs or Chili Cheese Coney French Fries Broccoli w/Dip Mandarin Oranges Mini Rice Krispie Treat Fresh Fruit BREAKFAST WG Chocolate Donut	14 Chicken or Sausage Gravy Biscuit Hashbrown Baked Apples Yogurt Fresh Fruit  BREAKFAST Breakfast Pizza	15 Ham & Cheese Sub or Turkey & Cheese Sub Lettuce/Tomato/Pickle Baked Potato Chips Carrots w/Dip Apples w/Caramel Sidekick Fresh Fruit BREAKFAST Whole Grain Muffin	16 Pizza or Spaghetti Garden Salad Cheese Breadstick Corn Fudge Bar Strawberry Cup Fresh Fruit  BREAKFAST Sausage & Biscuit	17 Bacon Cheeseburger on Bun or Chicken Filet on Bun Tomato/Lettuce/Pickle French Fries Baked Beans Sherbet Cookie Fresh Fruit  BREAKFAST Bacon & Cheese on Biscuit
20 Hot Dog on Bun or Shredded Pork on Bun Baked Potato Butter/Sour Cream Broccoli w/Cheese Strawberry Cup Fresh Fruit BREAKFAST Breakfast Pizza	21 Pizza Calzone or Pepperoni Bosco Sticks w/Marinara Sauce Garden Salad Corn Grapes Fresh Fruit  BREAKFAST Gravy & Biscuit	22 Popcorn Chicken or Chili Crispitos Spanish Rice Refried Beans Peach Cup Orange Dream Bar Fresh Fruit  BREAKFAST Scrambled Eggs Bacon Toast	23 Fish Nuggets or Chicken Strips Creamed Potatoes Green Beans Whole Grain Roll Applesauce Cup Fresh Fruit BREAKFAST Sausage & Biscuit	24 Burrito or Big Daddy's Cheese Pizza Garden Salad Corn Pears Cookie Fresh Fruit  BREAKFAST Glazed Donut

NEWS

Choice of Low-Fat White Milk and Fat Free Flavored Milk offered daily at Breakfast and Lunch

Juice and Fruit Choices offered daily at Breakfast

Variety of General Mills and Kellogg's Cereals offered daily at Breakfast

Toast offered daily at Breakfast

Fresh Fruit offered daily

Salads are offered daily

Menu items are subject to change due to circumstances beyond our control.

Some items served contain peanuts. Substitutions can be made for students with special dietary needs per doctor's orders.



FLAVORFUL SIDES WITH EVERY MEAL:

Lunch includes a choice of 5 components: Meat/Meat Alternate, Bread/Grain, Fruit, Vegetable, and Skim, 1% White

Fat Free Flavored Milk. Students may take 5, 4 or 3, which must include 1 fruit or vegetable serving.

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