















ADAIR COUNTY SCHOOLS



MARCH 2017 MENU FOR ACHS & ACMS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27 Shredded Pork on Bun Baked Potato Butter/Sour Cream Broccoli w/Cheese Strawberry Cup Fresh Fruit  BREAKFAST WG Chocolate Donut	28 Boneless Chicken Wings w/Dipping Sauce French Fries Baked Beans Peach Cup Orange Dream Bar Fresh Fruit BREAKFAST Breakfast Pizza	1 Pepperoni Bosco Sticks w/Marinara Sauce Garden Salad Corn Grapes Fresh Fruit  BREAKFAST Whole Grain Muffin	2 Salisbury Steak Creamed Potatoes Green Beans Bread Slice Applesauce Cup Fresh Fruit BREAKFAST Sausage & Biscuit	3 Personal Pan Pizza Garden Salad Corn Pears Cookie Fresh Fruit  BREAKFAST Bacon & Cheese on Biscuit
NATIONAL SCHOOL BREAKFAST WEEK!!!				
6 Hot Ham & Cheese on Bun French Fries Broccoli & Cauliflower w/Dip Grapes Cookie Fresh Fruit  BREAKFAST Apple Cinnamon Texas Toast Applesauce	7 Little Caesar's Pizza Garden Salad Corn Mandarin Oranges Mini Rice Krispie Treat Fresh Fruit BREAKFAST Yogurt Bar/Granola Bar	8 Chicken Strips Creamed Potatoes Green Beans Whole Grain Roll Applesauce Fresh Fruit  BREAKFAST Scrambled Eggs Bacon Toast	9 Taco Salad w/Chips Salsa, Sour Cream, Trimmings Potato Wedges Refried Beans Sidekick Fresh Fruit BREAKFAST Sausage & Biscuit	10 Grilled Cheese Sandwich Chili w/Crackers Carrot and Celery Sticks Peaches Yogurt Fresh Fruit  BREAKFAST Glazed Donut
13 Chili Cheese Coney French Fries Broccoli w/Dip Mandarin Oranges Mini Rice Krispie Treat Fresh Fruit BREAKFAST Breakfast Pizza	14 Sausage Gravy Biscuit Hashbrown Baked Apples Yogurt Fresh Fruit  BREAKFAST WG Chocolate Donut	15 Turkey & Cheese Sub Lettuce/Tomato/Pickle Baked Potato Chips Carrots w/Dip Apples w/Caramel Sidekick Fresh Fruit BREAKFAST Whole Grain Muffin	16 Spaghetti Garden Salad Cheese Breadstick Corn Fudge Bar Strawberry Cup Fresh Fruit  BREAKFAST Sausage & Biscuit	17 Chicken Filet on Bun Tomato/Lettuce/Pickle French Fries Baked Beans Sorbet Cookie Fresh Fruit  BREAKFAST Bacon & Cheese on Biscuit
20 Shredded Pork on Bun Baked Potato Butter/Sour Cream Broccoli w/Cheese Strawberry Cup Fresh Fruit BREAKFAST Breakfast Pizza	21 Pepperoni Bosco Sticks w/Marinara Sauce Garden Salad Corn Grapes Fresh Fruit  BREAKFAST Gravy & Biscuit	22 Chili Crispitos Spanish Rice Refried Beans Peach Cup Orange Dream Bar Fresh Fruit  BREAKFAST Scrambled Eggs Bacon Toast	23 Chicken Strips Creamed Potatoes Green Beans Whole Grain Roll Applesauce Cup Fresh Fruit BREAKFAST Sausage & Biscuit	24 Big Daddy's Cheese Pizza Garden Salad Corn Pears Cookie Fresh Fruit  BREAKFAST Glazed Donut

NEWS

Choice of Low-Fat White Milk and Fat Free Flavored Milk offered daily at Breakfast and Lunch

Juice and Fruit Choices offered daily at Breakfast

Variety of General Mills and Kellogg's Cereals offered daily at Breakfast

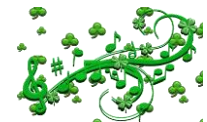
Toast offered daily at Breakfast

Fresh Fruit offered daily

Salads are offered daily

Menu items are subject to change due to circumstances beyond our control.

Some items served contain peanuts. Substitutions can be made for students with special dietary needs per doctor's orders.



FLAVORFUL SIDES WITH EVERY MEAL:
 Lunch includes a choice of 5 components: Meat/Meat Alternate, Bread/Grain, Fruit, Vegetable, and Skim, 1% White

Fat Free Flavored Milk. Students may take 5, 4 or 3, which must include 1 fruit or vegetable serving.

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