















ADAIR COUNTY SCHOOLS



NOVEMBER 2017 MENU FOR ACES & ACPC

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>6 PB & J Uncrustable or Little Caesar's Pizza Garden Salad Corn Mandarin Oranges Mini Rice Krispie Treat Fresh Fruit</p> <p>BREAKFAST Sausage & Biscuit</p>	<p>7 Grilled Cheese Sandwich or Hot Ham & Cheese on Croissant Baked Potato Chips Broccoli & Cauliflower w/Dip Grapes Cookie Fresh Fruit</p>  <p>BREAKFAST Eggstravaganza w/Toast</p>	<p>8 Fish Nuggets or Chicken Strips Creamed Potatoes Green Beans WG Roll Applesauce Cup Fresh Fruit</p> <p>BREAKFAST Breakfast Tornado</p>	<p>9 Hot Dog on Bun or Taco Salad w/Chips Salsa, Sour Cream, Trimmings Potato Wedges Refried Beans Sidekick Fresh Fruit</p>  <p>BREAKFAST Chocolate or White Donuts</p>	<p>10 Cheeseburger on Bun or Pizza Calzone Garden Salad Corn Peaches Yogurt Fresh Fruit</p>  <p>BREAKFAST Chicken & Biscuit</p>
<p>13 NO SCHOOL!!</p> <p>PARENT/TEACHER CONFERENCE</p>	<p>14 Burrito or Pepperoni Bosco Sticks w/Marinara Sauce Garden Salad Corn Fresh Pineapple Fresh Fruit</p>  <p>BREAKFAST Yogurt Bar</p>	<p>15 PB & J Uncrustable or Chili Cheese Coney French Fries Baked Beans Mandarin Oranges Jonny Fruit Pop Fresh Fruit</p> <p>BREAKFAST Sausage & Biscuit</p>	<p>16 Baked Ham or Turkey w/Gravy Dressing Creamed Potatoes Green Beans Whole Grain Roll Pumpkin Pie Fresh Fruit</p> <p>BREAKFAST Whole Grain Muffin</p>	<p>17 Mini Corndogs or Big Daddy Cheese Pizza Garden Salad Corn Strawberry Cup Fudge Bar Fresh Fruit</p>  <p>BREAKFAST Glazed Donut</p>
<p>20 Cheeseburger on Bun or Chicken Filet on Bun Lettuce/Tomato/Pickle French Fries Broccoli w/Cheese Peach Cup Minion Honey Grahams Fresh Fruit</p> <p>BREAKFAST Bacon & Cheese Biscuit</p>	<p>21 Popcorn Chicken or Chili Crisпитos Queso Dip w/Chips Refried Beans Apples w/Dip Cookie Fresh Fruit</p>  <p>BREAKFAST Cinnamon or Strawberry Cream Cheese Bagel</p>	<p>22 NO SCHOOL!!</p>  <p>THANKSGIVING</p> <p>BREAK</p>	<p>23 NO SCHOOL!!</p>  <p>THANKSGIVING</p> <p>BREAK</p>	<p>24 NO SCHOOL!!</p>  <p>THANKSGIVING</p> <p>BREAK</p>
<p>27 PB & J Uncrustable or Little Caesar's Pizza Garden Salad Corn Mandarin Oranges Mini Rice Krispie Treat Fresh Fruit</p> <p>BREAKFAST Sausage & Biscuit</p>	<p>28 Grilled Cheese Sandwich or Hot Ham & Cheese on Croissant Baked Potato Chips Broccoli & Cauliflower w/Dip Grapes Cookie Fresh Fruit</p>  <p>BREAKFAST Eggstravaganza w/Toast</p>	<p>29 Fish Nuggets or Chicken Strips Creamed Potatoes Green Beans WG Roll Applesauce Cup Fresh Fruit</p>  <p>BREAKFAST Breakfast Tornado</p>	<p>30 Hot Dog on Bun or Taco Salad w/Chips Salsa, Sour Cream, Trimmings Potato Wedges Refried Beans Sidekick Fresh Fruit</p> <p>BREAKFAST Chocolate or White Donuts</p>	<p>1 Cheeseburger on Bun or Pizza Calzone Garden Salad Corn Peaches Yogurt Fresh Fruit</p>  <p>BREAKFAST Chicken & Biscuit</p>

NEWS

Choice of Low-Fat White Milk and Fat Free Flavored Milk offered daily at Breakfast and Lunch

Juice and Fruit Choices offered daily at Breakfast

Variety of General Mills and Kellogg's Cereals offered daily at Breakfast

Toast offered daily at Breakfast

Fresh Fruit offered daily

Salads are offered daily

Menu items are subject to change due to circumstances beyond our control.

Some items served contain peanuts. Substitutions can be made for students with special dietary needs per doctor's orders.



FLAVORFUL SIDES WITH EVERY MEAL:

Lunch includes a choice of 5 components: Meat/Meat Alternate, Bread/Grain, Fruit, Vegetable, and Skim, 1% White Fat Free Flavored Milk. Students may take 5, 4 or 3, which must include 1 fruit or vegetable serving.