

“Promoting healthy and safe behaviors among students is an important part of the fundamental mission of schools.”

School Health Index Centers for Disease Control (CDC)

School Physical Activity Assessment

ADAIR COUNTY HIGH SCHOOL	91%
ADAIR COUNTY MIDDLE SCHOOL	88%
ADAIR COUNTY ELEMENTARY SCHOOL	97%
ADAIR COUNTY PRIMARY CENTER	97%



NUTRITION AND PHYSICAL ACTIVITY REPORT

USDA is an equal opportunity provider and employer

2016

Federal Reimbursement Lunch	\$1,102,129	Federal Reimbursement Breakfast	\$348,916
# Schools Participating	4	# Schools Participating	4
Total Lunches Served	367,390	Total Breakfasts Served	183,816
Average Daily Participation	2160	Average Daily Participation	1024
Cost of Food Used	\$786,897	Breakfast Prices	Adult Price \$1.75
# Students Approved for Free Meals	All CEP	Federal Reimbursement Snacks	\$23,694
Adult Lunch Prices	\$3.25 EMP/ \$3.50 VISITOR	Total Snacks Served	28,207
		Federal Reimbursement Summer	\$10,720
		Total Meals Served	3,573

The National School Breakfast Program was established in 1966. The National School Lunch Program was established in 1946 as a “measure of national security to safeguard the health and well being of the Nation’s children.” School districts receive federal reimbursement for both programs that meet the USDA Guidelines.

The Adair County School District is implementing the Healthy Hunger Free Act of 2010 Guidelines.

We contract with a retail establishment to provide entrée items, such as pizza once a month. A list of all food and beverage items available to students during the day can be found in the Central Office Food Service Department. The nutrition analysis for food items can be found on Gordon Food Service Website.

Food and beverage items that are sold as extras on the cafeteria lines or through vending machines or school stores are required to meet the minimum nutritional standards required by the Kentucky Department of Education. No sales from machines or school stores take place until 30 minutes after the lunch period ends. Please contact Central Office for information regarding Special Dietary Needs. The menu can be found on our District Website, a copy is sent home with the students on a monthly basis, and advertised by the local media. Any questions or concerns should be directed to Carol Roy, School Food Service Director at 270/384-2476 or carol.roy@adair.kyschools.us

Non-Discrimination Statement: In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who required alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](#), (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: Mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, DC 0250-9410; Fax: (202) 690-7442; or Email: program.intake@usda.gov. This institution is an equal opportunity provider.