

ADAIR COUNTY SCHOOLS NUTRITION AND PHYSICAL ACTIVITY REPORT 2018

NATIONAL SCHOOL BREAKFAST

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| Federal Reimbursement Breakfast | \$394,326 |
| # Schools Participating | 4 |
| Total Breakfasts Served | 193,205 |
| Average Daily Participation | 1149 |
| Adult Breakfast Price | \$2.40 |

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| Federal Reimbursement Summer Feeding | \$3,878 |
| Total Meals Served | 1,180 |

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|------------------------------|---------|
| Federal Reimbursement Snacks | \$9,962 |
| Total Snacks Served | 11,320 |

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| ADAIR COUNTY HIGH SCHOOL | 87% |
| ADAIR COUNTY MIDDLE SCHOOL | 94% |
| ADAIR COUNTY ELEMENTARY SCHOOL | 92% |
| ADAIR COUNTY PRIMARY CENTER | 88% |

NATIONAL SCHOOL LUNCH

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| Federal Reimbursement Lunch | \$1,187,078 |
| # Schools Participating | 4 |
| Total Lunches Served | 367,519 |
| Average Daily Participation | 2161 |
| # Students Approved for Free Meals | ALL CEP Breakfast, Lunch, & Snack at No Charge to Students |
| Adult Lunch Prices | \$3.25 EMP/ \$3.50 VISITOR |



The National School Breakfast Program was established in 1966. The National School Lunch Program was established in 1946 as a “measure of national security to safeguard the health and well-being of the Nation’s children.” School districts receive federal reimbursement for both programs that meet the USDA Guidelines. The Adair County School District is implementing the Healthy Hunger Free Act of 2010 Guidelines. Nutrition Standards for School Meals can be found on the KDE website as well. We contract with a retail establishment to provide entrée items, such as pizza once a month. A list of all food and beverage items available to students during the day can be found in the Central Office Food Service Department. The nutrition analysis for food items can be found on Gordon Food Service Website. Food and beverage items that are sold as extras on the cafeteria lines or through vending machines or school stores are required to meet the minimum nutritional standards required by the Kentucky Department of Education. No sales from machines or school stores take place until 30 minutes after the lunch period ends. Please contact Central Office for information regarding Special Dietary Needs. The menu can be found on our District Website, a copy is sent home with the students on a monthly basis, and advertised by the local media. Any questions or concerns should be directed to Carol Roy, School Food Service Director at 270/384-2476 or carol.roy@adair.kyschools.us

School Physical Activity Assessment



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