



# ADAIR COUNTY SCHOOLS



## AUGUST 2019 MENU FOR ACES & ACPC

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



12 Cheeseburger on Bun or  
Chicken Filet on Bun  
Lettuce/Tomato/Pickle  
French Fries  
Broccoli w/Cheese  
Fruit Options

**BREAKFAST**  
Bacon & Cheese Biscuit

13 Popcorn Chicken or  
Chili Crisпитos  
Queso Dip w/Chips  
Refried Beans  
Cookie  
Fruit Options



**BREAKFAST**  
French Toast Sticks w/Syrup


14 Burrito or  
Spaghetti  
Garden Salad  
Corn  
Cheese Breadstick  
Fruit Options

**BREAKFAST**  
Donut Holes

8 PB & J Uncrustable or  
Little Caesar's Pizza  
Garden Salad  
Corn  
Mini Rice Krispie Treat  
Fruit Options


**BREAKFAST**  
Whole Grain Muffin

15 Hot Dog on Bun or  
Chicken Chunks  
w/Dipping Sauce  
French Fries  
Macaroni & Cheese  
Fruit Options



**BREAKFAST**  
Breakfast Pizza

9 Ham & Cheese Sub or  
Turkey & Cheese Sub  
Baked Potato Chips  
Carrots w/Dip  
Cookie  
Fruit Options



**BREAKFAST**  
Breakfast Pizza

16 Pizza Calzone or  
Big Daddy Cheese Pizza  
Garden Salad  
Corn  
Fudge Bar  
Fruit Options

**BREAKFAST**  
Gravy & Biscuit Stix

19 Grilled Cheese Sandwich or  
Hot Ham & Cheese on Bun  
Baked Potato Chips  
Fresh Vegetable Cup w/Dip  
Cookie  
Fruit Options

**BREAKFAST**  
Sausage & Biscuit

20 Burrito or  
Pepperoni Bosco Sticks  
w/Marinara Sauce  
Garden Salad  
Corn  
Fruit Options




**BREAKFAST**  
Yogurt Bar

21 Mini Corn Dogs or  
Taco Salad w/Chips  
Salsa, Sour Cream, Trimmings  
Potato Wedges  
Refried Beans  
Sidekick  
Fruit Options

**BREAKFAST**  
Whole Grain Muffin

22 Fish Nuggets or  
Chicken Strips  
Creamed Potatoes  
Green Beans  
Biscuit  
Fruit Options



**BREAKFAST**  
Cinnamon Roll

23 Cheeseburger on Bun or  
Steak Strips w/A-1 Sauce  
Baked Potato  
Butter, Sour Cream  
Steamed Vegetables  
Roll  
Fruit Options



**BREAKFAST**  
Scrambled Eggs  
Bacon & Toast

26 Turkey & Cheese Sub or  
Chili Cheese Coney  
French Fries  
Baked Beans  
Fruit Options

**BREAKFAST**  
Sausage & Biscuit

27 Taco Stix or  
Cheesy Bites w/Marinara Sauce  
Garden Salad  
Fiesta Corn  
Fruit Options

**BREAKFAST**  
Breakfast Bar

28 Fish Nuggets or  
Chicken Strips  
Creamed Potatoes  
Green Beans  
Roll  
Fruit Options



**BREAKFAST**  
Breakfast Tornado

29 PB & J Uncrustable or  
Little Caesar's Pizza  
Garden Salad  
Corn  
Mini Rice Krispie Treat  
Fruit Options



**BREAKFAST**  
Chocolate or White Donuts

30 Cheeseburger on Bun or  
Barbecue on Bun  
French Fries  
Peas  
Sidekick  
Fruit Options

**BREAKFAST**  
Chicken & Biscuit

**NEWS**

Choice of Low-Fat White Milk and 1% Flavored Milk offered daily at Breakfast and Lunch

Juice and Fruit Choices offered daily at Breakfast

Variety of General Mills and Kellogg's Cereals offered daily at Breakfast

Pop Tarts offered daily at Breakfast

Fresh Fruit offered daily

Salads are offered daily

Menu items are subject to change due to circumstances beyond our control.

Some items served contain peanuts. Substitutions can be made for students with special dietary needs per doctor's orders.

**FLAVORFUL SIDES WITH EVERY MEAL:**

Lunch includes a choice of 5 components: Meat/Meat Alternate, Bread/Grain, Fruit, Vegetable, and Skim, 1% White Fat Free Flavored Milk. Students may take 5, 4 or 3, which must include 1 fruit or vegetable serving.