



Get a *Meals-to-You* box **delivered**
to your home for free
for each of your kids!





Having kids out of school can cause added stress. It takes extra time to shop for groceries and extra money to pay for food because kids aren't getting meals at school.

Meals-to-You CAN HELP, AND IT'S FREE!

The USDA supports the National School Lunch program across the country and wants to continue supporting students when they're not in school. So they're bringing the meals to you!



When you sign up to get Meals-to-You, you'll get a box delivered to your home for each of your students.

With Meals-to-You, kid-friendly, no-cooking required meals are delivered—for FREE—directly to your door, so you don't have to worry about:

- Extra trips to the grocery store;
- Extra money spent on food;
- Extra **time** planning meals your kids will like.

To sign up, go to MealstoYou.org and select Emergency Meals-to-You or scan the QR code at the bottom of this page.



SIGN UP TODAY, and let *Meals-to-You* take away the stress of buying groceries when school is out.

For more information, visit : www.mealstoyou.org



Adair County Board of Education still wants to provide food and nutrition to our students even during this time while school is closed, so we're announcing a new program that will deliver meals at your doorstep for free. This program is called *Meals-to-You*, and it is a partnership between our district, the U.S. Department of Agriculture, and Baylor University. Your student(s) enrolled at Adair County Schools are eligible to participate in the program.

When you sign up to get a *Meals-to-You*, every other week you'll get a Meals-to-You box delivered to your home for each child 1-18 in your household. Each box will include 10 breakfasts and 10 lunches/suppers—enough food for each kid for two weeks!

All foods are shelf stable, which means you don't have to worry about them expiring anytime soon. With *Meals-to-You*, kid-friendly meals are delivered—for FREE—directly to your door, so you don't have to worry about:

- Extra trips to the grocery store
- Extra money spent on food
- Extra time planning meals your kids will like

If you aren't home when the box is delivered, no worries. The boxes are packed for security, and because the food is shelf stable, you don't have to worry about refrigerating the foods immediately. If you will be unable to pick up your box(es) on a given day, be sure to have a neighbor or family get it. And no need to worry; receiving this benefit will NOT affect any other existing benefits.

HOW DO YOU SIGN UP? All you have to do is fill out an online sign-up form and submit it as soon as possible! Access the online form by clicking this link:

<https://mealstoyou.org/emergency-meals-to-you-application/>.

The Enrollment Dates are May 26, 2020 through May 29, 2020. You must enroll online during this time period to receive the meals.

Boxes will be provided on a first come, first served basis, so sign up online today! Let Meals-to-You take away the stress of buying extra groceries during this time. If you have questions or would like more information, please contact Adair County Board of Education at 270-384-2476, ext. 2003 or 2004.

Sincerely,



Carol Roy, Food Service Director
Adair County Board of Education