














# ADAIR COUNTY SCHOOLS



NOV. 22 - DEC. 17, 2021 MENU FOR ACES & ACPC

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
22 Hot Ham & Cheese on Bun or Chili Cheese Coney French Fries Baked Beans Fruit Options  <b>BREAKFAST</b> Sausage & Biscuit	23 Taco Stix or Cheesy Bites w/Marinara Sauce Garden Salad Corn Fudge Bar Fruit Options  <b>BREAKFAST</b> Mini Chocolate Chip French Toast Sticks	24  NO  <b>SCHOOL!!</b>  	25  NO  <b>SCHOOL!!</b>  	26  NO  <b>SCHOOL!!</b>  
29 Cheeseburger on Bun or Chicken Filet on Bun Lettuce/Tomato/Pickle French Fries Broccoli w/Cheese Fruit Options  <b>BREAKFAST</b> Bacon & Cheese on Biscuit	30 Popcorn Chicken or Burrito Queso Dip w/Chips Refried Beans Cookie Fruit Options   <b>BREAKFAST</b> French Toast Sticks w/Syrup	1 PB & J Uncrustable or Grilled Cheese Sandwich Chili w/Crackers Carrot & Celery Sticks Yogurt Fruit Options  <b>BREAKFAST</b> Cinnamon Toast Applesauce	2 Hot Dog on Bun or Chicken Chunks w/Dipping Sauce French Fries Macaroni & Cheese Fruit Options   <b>BREAKFAST</b> Breakfast Pizza	3 Taco Stix or Spaghetti Garden Salad Corn Cheese Breadstick Fruit Options  <b>BREAKFAST</b> Gravy & Biscuit
6 Grilled Cheese Sandwich or Hot Ham & Cheese on Bun Baked Potato Chips Fresh Vegetable Cup w/Dip Cookie Fruit Options   <b>BREAKFAST</b> Sausage & Biscuit	7 Mini Corn Dogs or Taco Salad w/Chips Salsa, Sour Cream, Trimmings Potato Wedges Refried Beans Sidekick Fruit Options  <b>BREAKFAST</b> Yogurt Bar	8 Burrito or Pepperoni Bosco Sticks w/Marinara Sauce Garden Salad Corn Fruit Options   <b>BREAKFAST</b> Whole Grain Muffin	9 Fish Nuggets or Chicken Strips Creamed Potatoes Green Beans Biscuit Fruit Options  <b>BREAKFAST</b> Cinnamon Roll	10 PB & J Uncrustable or Grilled Cheese Sandwich Potato Soup Crackers Carrot & Celery Sticks Cookie Fruit Options   <b>BREAKFAST</b> Chicken & Biscuit
13 Hot Ham & Cheese on Bun or Chili Cheese Coney French Fries Baked Beans Fruit Options   <b>BREAKFAST</b> Sausage & Biscuit	14 Taco Stix or Cheesy Bites w/Marinara Sauce Garden Salad Corn Fudge Bar Fruit Options  <b>BREAKFAST</b> Mini Chocolate Chip French Toast Sticks	15 Fish Nuggets or Chicken Strips Creamed Potatoes Green Beans Roll Fruit Options   <b>BREAKFAST</b> Breakfast Tornado	16 PB & J Uncrustable or Little Caesar's Pizza Garden Salad Corn Baked Potato Chips Ice Cream Fruit Options  <b>BREAKFAST</b> Chocolate or Powdered Donuts	17 Cheeseburger on Bun or Barbecue on Bun French Fries Peas Sidekick Fruit Options   <b>BREAKFAST</b> Scrambled Eggs Bacon & Toast

**NEWS**

Choice of Low-Fat White Milk and 1% Flavored Milk offered daily at Breakfast and Lunch

Juice and Fruit Choices offered daily at Breakfast

Variety of General Mills and Kellogg's Cereals offered daily at Breakfast

Pop Tarts offered daily at Breakfast

Fresh Fruit offered daily

Salads are offered daily

Menu items are subject to change due to circumstances beyond our control.

Some items served contain peanuts. Substitutions can be made for students with special dietary needs per doctor's orders.

**FLAVORFUL SIDES WITH EVERY MEAL:**

Lunch includes a choice of 5 components: Meat/Meat Alternate, Bread/Grain, Fruit, Vegetable, and Skim, 1% White 1% Flavored Milk.

Students may take 5, 4 or 3, which must include 1 fruit or vegetable serving.

CHRISTMAS BREAK -- DEC. 20, 2021 - JAN. 2, 2022