















# ADAIR COUNTY SCHOOLS



OCT. 25 - NOV. 19, 2021 MENU FOR ACES & ACPC

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>25 Grilled Cheese Sandwich or Hot Ham &amp; Cheese on Bun Baked Potato Chips Fresh Vegetable Cup w/Dip Cookie Fruit Options</p>  <p><b>BREAKFAST</b> Sausage &amp; Biscuit</p>	<p>26 Burrito or Pepperoni Bosco Sticks w/Marinara Sauce Garden Salad Corn Fruit Options</p> <p><b>BREAKFAST</b> Yogurt Bar</p>	<p>27 Mini Corn Dogs or Taco Salad w/Chips Salsa, Sour Cream, Trimmings Potato Wedges Refried Beans Sidekick Fruit Options</p>  <p><b>BREAKFAST</b> Whole Grain Muffin</p>	<p>28 Fish Nuggets or Chicken Strips Creamed Potatoes Green Beans Biscuit Fruit Options</p> <p><b>BREAKFAST</b> Cinnamon Roll</p>	<p>29 Burrito or Spaghetti Garden Salad Corn Cheese Breadstick Fruit Options</p>  <p><b>BREAKFAST</b> Chicken &amp; Biscuit</p>
<p>1 Hot Ham &amp; Cheese on Bun or Chili Cheese Coney French Fries Baked Beans Fruit Options</p> <p><b>BREAKFAST</b> Sausage &amp; Biscuit</p>	<p>2 Taco Stix or Cheesy Bites w/Marinara Sauce Garden Salad Corn Fudge Bar Fruit Options</p>  <p><b>BREAKFAST</b> Mini Chocolate Chip French Toast Sticks</p>	<p>3 Fish Nuggets or Chicken Strips Creamed Potatoes Green Beans Roll Fruit Options</p> <p><b>BREAKFAST</b> Breakfast Tornado</p>	<p>4 PB &amp; J Uncrustable or Little Caesar's Pizza Garden Salad Corn Mini Rice Krispie Treat Fruit Options</p>  <p><b>BREAKFAST</b> Chocolate or Powdered Donuts</p>	<p>5 Cheeseburger on Bun or Barbecue on Bun French Fries Peas Sidekick Fruit Options</p> <p><b>BREAKFAST</b> Scrambled Eggs Bacon &amp; Toast</p>
<p>8 Cheeseburger on Bun or Chicken Filet on Bun Lettuce/Tomato/Pickle French Fries Broccoli w/Cheese Fruit Options</p>  <p><b>BREAKFAST</b> Bacon &amp; Cheese Biscuit</p>	<p>9 Popcorn Chicken or Burrito Queso Dip w/Chips Refried Beans Cookie Fruit Options</p> <p><b>BREAKFAST</b> French Toast Sticks w/Syrup</p>	<p>10 PB &amp; J Uncrustable or Grilled Cheese Sandwich Chili w/Crackers Carrot &amp; Celery Sticks Yogurt Fruit Options</p>  <p><b>BREAKFAST</b> Cinnamon Toast Applesauce</p>	<p>11 NO SCHOOL!!</p>  <p><b>VETERAN'S DAY!!</b></p>	<p>12 Cheeseburger on Bun or Steak Strips w/A-1 Sauce Baked Potato Butter, Sour Cream Steamed Vegetables Roll Fruit Options</p>  <p><b>BREAKFAST</b> Gravy &amp; Biscuit</p>
<p>15 Grilled Cheese Sandwich or Hot Ham &amp; Cheese on Bun Baked Potato Chips Fresh Vegetable Cup w/Dip Cookie Fruit Options</p>  <p><b>BREAKFAST</b> Sausage &amp; Biscuit</p>	<p>16 Mini Corn Dogs or Taco Salad w/Chips Salsa, Sour Cream, Trimmings Potato Wedges Refried Beans Sidekick Fruit Options</p> <p><b>BREAKFAST</b> Yogurt Bar</p>	<p>17 Burrito or Pepperoni Bosco Sticks w/Marinara Sauce Garden Salad Corn Fruit Options</p>  <p><b>BREAKFAST</b> Whole Grain Muffin</p>	<p>18 Baked Ham or Turkey w/Gravy Dressing Creamed Potatoes Green Beans Roll Pie Fruit Options</p> <p><b>BREAKFAST</b> Cinnamon Roll</p>	<p>19 Pizza Calzone or Big Daddy Cheese Pizza Garden Salad Corn Fudge Bar Fruit Options</p>  <p><b>BREAKFAST</b> Chicken &amp; Biscuit</p>

**NEWS**

Choice of Low-Fat White Milk and 1% Flavored Milk offered daily at Breakfast and Lunch

Juice and Fruit Choices offered daily at Breakfast

Variety of General Mills and Kellogg's Cereals offered daily at Breakfast

Pop Tarts offered daily at Breakfast

Fresh Fruit offered daily

Salads are offered daily

Menu items are subject to change due to circumstances beyond our control.

Some items served contain peanuts. Substitutions can be made for students with special dietary needs per doctor's orders.

**FLAVORFUL SIDES WITH EVERY MEAL:**

Lunch includes a choice of 5 components: Meat/Meat Alternate, Bread/Grain, Fruit, Vegetable, and Skim, 1% White 1% Flavored Milk.

Students may take 5, 4 or 3, which must include 1 fruit or vegetable serving.