















ADAIR COUNTY SCHOOLS



OCT. 25 - NOV. 19, 2021 MENU FOR ACHS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
25 Chili Cheese Coney French Fries Baked Beans Cookie Fruit Options  BREAKFAST Breakfast Tornado	26 Pepperoni Bosco Sticks w/Marinara Sauce Garden Salad Corn Fruit Options BREAKFAST Gravy & Biscuit	27 Taco Salad w/Chips Salsa, Sour Cream, Trimmings Potato Wedges Refried Beans Sidekick Fruit Options  BREAKFAST Cinnamon Roll	28 Chicken Chunks w/Dipping Sauce French Fries Macaroni & Cheese Roll Fruit Options BREAKFAST Breakfast Pizza	29 Little Caesar's Pizza Garden Salad Corn Mini Rice Krispie Treat Fruit Options  BREAKFAST Scrambled Eggs Bacon & Toast
1 Barbecue on Bun Tator Tots Broccoli w/Cheese Apples w/Carmel Dip Fruit Options BREAKFAST Breakfast Pizza	2 Cheesy Bites w/Marinara Sauce Garden Salad Corn Fudge Bar Fruit Options  BREAKFAST Yogurt Bar	3 Burrito Queso Dip w/Chips Refried Beans Cookie Fruit Options BREAKFAST Whole Grain Muffin	4 Chicken Strips Creamed Potatoes Green Beans Roll Fruit Options  BREAKFAST Sausage & Biscuit	5 Big Daddy Cheese Pizza Garden Salad Corn Fudge Bar Strawberry Cup Fruit Options BREAKFAST Chicken & Biscuit
8 Chili Cheese Coney French Fries Baked Beans Cookie Fruit Options  BREAKFAST Breakfast Tornado	9 Pepperoni Bosco Sticks w/Marinara Sauce Garden Salad Corn Fruit Options BREAKFAST Gravy & Biscuit	10 Taco Salad w/Chips Salsa, Sour Cream, Trimmings Potato Wedges Refried Beans Sidekick Fruit Options  BREAKFAST Cinnamon Toast Applesauce	11 NO SCHOOL!!  VETERAN'S DAY!!	12 Little Caesar's Pizza Garden Salad Corn Mini Rice Krispie Treat Fruit Options  BREAKFAST Scrambled Eggs Bacon & Toast
15 Barbecue on Bun Tator Tots Macaroni & Cheese Apples w/Carmel Dip Fruit Options  BREAKFAST Breakfast Pizza	16 Grilled Cheese Sandwich Chili w/Crackers Carrot & Celery Sticks Yogurt Fruit Options BREAKFAST Yogurt Bar	17 Cheesy Bites w/Marinara Sauce Garden Salad Corn Fudge Bar Fruit Options  BREAKFAST Whole Grain Muffin	18 Turkey w/Gravy Dressing Creamed Potatoes Green Beans Roll Pie Fruit Options BREAKFAST Sausage & Biscuit	19 Big Daddy Cheese Pizza Garden Salad Corn Fudge Bar Strawberry Cup Fruit Options  BREAKFAST Chicken & Biscuit

NEWS

Choice of Low-Fat White Milk and 1% Flavored Milk offered daily at Breakfast and Lunch

Juice and Fruit Choices offered daily at Breakfast

Variety of General Mills and Kellogg's Cereals offered daily at Breakfast

Grab & Go Box offered daily at Lunch

Pop Tarts offered daily at Breakfast

Fresh Fruit offered daily

Salads are offered daily

Hamburger/Cheeseburger Line offered daily

Menu items are subject to change due to circumstances beyond our control.

Some items served contain peanuts. Substitutions can be made for students with special dietary needs per doctor's orders.

FLAVORFUL SIDES WITH EVERY MEAL:

Lunch includes a choice of 5 components: Meat/Meat Alternate, Bread/Grain, Fruit, Vegetable, and Skim, 1% White Fat Free Flavored Milk. Students may take 5,4 or 3, which must include 1 fruit or vegetable serving.