















ADAIR COUNTY SCHOOLS



OCT. 25 - NOV. 19, 2021 MENU FOR ACMS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
25 Hot Ham & Cheese on Bun Baked Potato Chips Fresh Vegetable Cup w/Dip Cookie Fruit Options  BREAKFAST Sausage & Biscuit	26 Pepperoni Bosco Sticks w/Marinara Sauce Garden Salad Corn Fruit Options BREAKFAST Yogurt Bar	27 Taco Salad w/Chips Salsa, Sour Cream, Trimmings Potato Wedges Refried Beans Sidekick Fruit Options  BREAKFAST Whole Grain Muffin	28 Chicken Strips Creamed Potatoes Green Beans Biscuit Fruit Options BREAKFAST Cinnamon Roll	29 Spaghetti Garden Salad Corn Cheese Breadstick Fruit Options  BREAKFAST Chicken & Biscuit
1 Chili Cheese Coney French Fries Baked Beans Orange Sherbet Fruit Options BREAKFAST Sausage & Biscuit	2 Cheesy Bites w/Marinara Sauce Garden Salad Corn Fudge Bar Fruit Options  BREAKFAST Mini Chocolate Chip French Toast Sticks	3 Chicken Strips Creamed Potatoes Green Beans Roll Sidekick Fruit Options BREAKFAST Breakfast Tornado	4 Barbecue on Bun French Fries Peas Sidekick Fruit Options  BREAKFAST Chocolate or Powdered Donuts	5 Little Caesar's Pizza Garden Salad Corn Mini Rice Krispie Treat Fruit Options BREAKFAST Scrambled Eggs Bacon & Toast
8 Chicken Filet on Bun Lettuce/Tomato/Pickle French Fries Broccoli w/Cheese Fruit Options  BREAKFAST Bacon & Cheese Biscuit	9 Burrito Queso Dip w/Chips Refried Beans Cookie Fruit Options BREAKFAST French Toast Sticks w/Syrup	10 Grilled Cheese Sandwich Chili w/Crackers Carrot & Celery Sticks Yogurt Fruit Options  BREAKFAST Cinnamon Toast Applesauce	11 NO SCHOOL!!  VETERAN'S DAY!!	12 Steak Strips w/A-1 Sauce Baked Potato Cheese, Butter, Sour Cream Steamed Vegetables Roll Fruit Options  BREAKFAST Gravy & Biscuit
15 Hot Ham & Cheese on Bun Baked Potato Chips Fresh Vegetable Cup w/Dip Cookie Fruit Options  BREAKFAST Sausage & Biscuit	16 Taco Salad w/Chips Salsa, Sour Cream, Trimmings Potato Wedges Refried Beans Sidekick Fruit Options BREAKFAST Yogurt Bar	17 Peppperoni Bosco Sticks wMarinara Sauce Garden Salad Corn Fruit Options  BREAKFAST Whole Grain Muffin	18 Turkey w/Gravy Dressing Creamed Potatoes Green Beans Roll Pie Fruit Options BREAKFAST Cinnamon Roll	19 Big Daddy Cheese Pizza Garden Salad Corn Fudge Bar Fruit Options  BREAKFAST Chicken & Biscuit

NEWS

Choice of Low-Fat White Milk and 1% Flavored Milk offered daily at Breakfast and Lunch

Juice and Fruit Choices offered daily at Breakfast

Variety of General Mills and Kellogg's Cereals offered daily at Breakfast

Pop Tarts offered daily at Breakfast

Fresh Fruit offered daily

Salads are offered daily

Hamburger/Cheeseburger Line offered daily

Menu items are subject to change due to circumstances beyond our control.

Some items served contain peanuts. Substitutions can be made for students with special dietary needs per doctor's orders.

FLAVORFUL SIDES WITH EVERY MEAL:

Lunch includes a choice of 5 components: Meat/Meat Alternate, Bread/Grain, Fruit, Vegetable, and Skim, 1% White 1% Flavored Milk.

Students may take 5, 4 or 3, which must include 1 fruit or vegetable serving.