













ADAIR COUNTY SCHOOLS



SEPT. 20 - OCT. 22, 2021 MENU FOR ACHS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
20 Chili Cheese Coney French Fries Baked Beans Cookie Fruit Options BREAKFAST Breakfast Tornado	21 Pepperoni Bosco Sticks w/Marinara Sauce Garden Salad Corn Fruit Options  BREAKFAST Gravy & Biscuit	22 Taco Salad w/Chips Salsa, Sour Cream, Trimmings Potato Wedges Refried Beans Sidekick Fruit Options BREAKFAST Cinnamon Roll	23 Chicken Chunks w/Dipping Sauce French Fries Macaroni & Cheese Roll Fruit Options  BREAKFAST Breakfast Pizza	24 Little Caesar's Pizza Garden Salad Corn Mini Rice Krispie Treat Fruit Options BREAKFAST Scrambled Eggs Bacon & Toast
27 Barbecue on Bun Tator Tots Broccoli w/Cheese Apples w/Carmel Dip Fruit Options  BREAKFAST Breakfast Pizza	28 Cheesy Bites w/Marinara Sauce Garden Salad Corn Fudge Bar Fruit Options BREAKFAST Yogurt Bar	29 Burrito Queso Dip w/Chips Refried Beans Cookie Fruit Options  BREAKFAST Whole Grain Muffin	30 Chicken Strips Creamed Potatoes Green Beans Roll Fruit Options BREAKFAST Sausage & Biscuit	1 Big Daddy Cheese Pizza Garden Salad Corn Fudge Bar Strawberry Cup Fruit Options  BREAKFAST Chicken & Biscuit
OCT. 4 - 8, 2021 -- FALL BREAK!!!				
11 Chili Cheese Coney French Fries Baked Beans Cookie Fruit Options BREAKFAST Breakfast Tornado	12 Pepperoni Bosco Sticks w/Marinara Sauce Garden Salad Corn Fruit Options  BREAKFAST Gravy & Biscuit	13 Taco Salad w/Chips Salsa, Sour Cream, Trimmings Potato Wedges Refried Beans Sidekick Fruit Options BREAKFAST Cinnamon Toast Applesauce	14 Chicken Chunks w/Dipping Sauce French Fries Macaroni & Cheese Roll Fruit Options  BREAKFAST Breakfast Pizza	15 Little Caesar's Pizza Garden Salad Corn Mini Rice Krispie Treat Fruit Options BREAKFAST Scrambled Eggs Bacon & Toast
18 Barbecue on Bun Tator Tots Macaroni & Cheese Apples w/Carmel Dip Fruit Options  BREAKFAST Breakfast Pizza	19 Cheesy Bites w/Marinara Sauce Garden Salad Corn Fudge Bar Fruit Options BREAKFAST Yogurt Bar	20 Grilled Cheese Sandwich Chili w/Crackers Carrot & Celery Sticks Yogurt Fruit Options  BREAKFAST Whole Grain Muffin	21 Chicken Strips Creamed Potatoes Green Beans Roll Fruit Options  BREAKFAST Sausage & Biscuit	22 Big Daddy Cheese Pizza Garden Salad Corn Fudge Bar Strawberry Cup Fruit Options BREAKFAST Chicken & Biscuit

NEWS

Choice of Low-Fat White Milk and 1% Flavored Milk offered daily at Breakfast and Lunch

Juice and Fruit Choices offered daily at Breakfast

Variety of General Mills and Kellogg's Cereals offered daily at Breakfast

Grab & Go Box offered daily at Lunch

Pop Tarts offered daily at Breakfast

Fresh Fruit offered daily

Salads are offered daily

Hamburger/Cheeseburger Line offered daily

Menu items are subject to change due to circumstances beyond our control.

Some items served contain peanuts. Substitutions can be made for students with special dietary needs per doctor's orders.

FLAVORFUL SIDES WITH EVERY MEAL:

Lunch includes a choice of 5 components: Meat/Meat Alternate, Bread/Grain, Fruit, Vegetable, and Skim, 1% White Fat Free Flavored Milk. Students may take 5, 4 or 3, which must include 1 fruit or vegetable serving.