













ADAIR COUNTY SCHOOLS



SEPT. 20 - OCT. 22, 2021 MENU FOR ACMS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
20 Chicken Filet on Bun Lettuce/Tomato/Pickle French Fries Broccoli w/Cheese Fruit Options BREAKFAST Bacon & Cheese Biscuit	21 Burrito Queso Dip w/Chips Refried Beans Cookie Fruit Options  BREAKFAST French Toast Sticks w/Syrup	22 Spaghetti Garden Salad Corn Cheese Breadstick Fruit Options BREAKFAST Donut Holes	23 Chicken Chunks w/Dipping Sauce French Fries Macaroni & Cheese Fruit Options  BREAKFAST Breakfast Pizza	24 Big Daddy Cheese Pizza Garden Salad Corn Fudge Bar Fruit Options BREAKFAST Gravy & Biscuit
27 Hot Ham & Cheese on Bun Baked Potato Chips Fresh Vegetable Cup w/Dip Cookie Fruit Options  BREAKFAST Sausage & Biscuit	28 Pepperoni Bosco Sticks w/Marinara Sauce Garden Salad Corn Fruit Options BREAKFAST Yogurt Bar	29 Taco Salad w/Chips Salsa, Sour Cream, Trimmings Potato Wedges Refried Beans Sidekick Fruit Options  BREAKFAST Whole Grain Muffin	30 Chicken Strips Creamed Potatoes Green Beans Biscuit Fruit Options BREAKFAST Cinnamon Roll	1 Steak Strips w/A-1 Sauce Baked Potato Cheese, Butter, Sour Cream Steamed Vegetables Roll Fruit Options  BREAKFAST Chicken & Biscuit
OCT. 4 - 8, 2021 -- FALL BREAK!!!				
11 Chili Cheese Coney French Fries Baked Beans Orange Sherbet Fruit Options BREAKFAST Sausage & Biscuit	12 Cheesy Bites w/Marinara Sauce Garden Salad Corn Fudge Bar Fruit Options  BREAKFAST Mini Chocolate Chip French Toast Sticks	13 Chicken Strips Creamed Potatoes Green Beans Roll Sidekick Fruit Options BREAKFAST Breakfast Tornado	14 Barbecue on Bun French Fries Peas Sidekick Fruit Options  BREAKFAST Chocolate or White Donuts	15 Little Caesar's Pizza Garden Salad Corn Mini Rice Krispie Treat Fruit Options BREAKFAST Scrambled Eggs Bacon & Toast
18 Chicken Filet on Bun Lettuce/Tomato/Pickle French Fries Broccoli w/Cheese Fruit Options  BREAKFAST Bacon & Cheese Biscuit	19 Burrito Queso Dip w/Chips Refried Beans Cookie Fruit Options BREAKFAST French Toast Sticks w/Syrup	20 Grilled Cheese Sandwich Chili w/Crackers Carrot & Celery Sticks Yogurt Fruit Options  BREAKFAST Cinnamon Toast Applesauce	21 Chicken Chunks w/Dipping Sauce French Fries Macaroni & Cheese Fruit Options  BREAKFAST Breakfast Pizza	22 Big Daddy Cheese Pizza Garden Salad Corn Fudge Bar Fruit Options BREAKFAST Gravy & Biscuit

NEWS

Choice of Low-Fat White Milk and 1% Flavored Milk offered daily at Breakfast and Lunch

Juice and Fruit Choices offered daily at Breakfast

Variety of General Mills and Kellogg's Cereals offered daily at Breakfast

Pop Tarts offered daily at Breakfast

Fresh Fruit offered daily

Salads are offered daily

Hamburger/Cheeseburger Line offered daily

Menu items are subject to change due to circumstances beyond our control.

Some items served contain peanuts. Substitutions can be made for students with special dietary needs per doctor's orders.

FLAVORFUL SIDES WITH EVERY MEAL:

Lunch includes a choice of 5 components: Meat/Meat Alternate, Bread/Grain, Fruit, Vegetable, and Skim, 1% White 1% Flavored Milk. Students may take 5, 4 or 3, which must include 1 fruit or vegetable serving.