

Is it a Cold? Or the Flu?

COLD

- Runny Nose
- Stuffy Nose
- Mild or No Fever
- Short Duration
(less than 2 days)
- Generally mild illness
- Child may feel fine for
long stretches
- Symptoms seem to
come & go

FLU

- Body Aches
- Cough
- Fever
- Long Duration
(more than 3 days)
- Generally more
severe illness
- Extreme Tiredness
- Symptoms seem to
persist for many days

*Always seek medical care if you have any questions about your child's condition or illness.
This is not intended to provide a diagnosis.*

*Children who are having trouble breathing, keeping liquids down or seem overly lethargic
should see a physician immediately.*